

Dental management of sleep disordered breathing

Patient:

Referral information From: _____
 Medical need established & prescription documented

Comprehensive dental care: Has dental home: _____ Last visit: _____

Diagnosis:
 Primary snoring
 Mild sleep apnea (5-15)
 Moderate sleep apnea (16-30) AHI: _____
 Severe sleep apnea (>30)

Subjective symptoms of OSA

Clinical examination

Contraindications
 No active or severe periodontal disease
 No frank hard tissue disease needs
 More than 10 teeth/arch
 No overt myofascial or temporomandibular concerns

Discussion of MAD

Treatment history:
 MAD success failure
 CPAP success failure
 PGNS success failure
 Surgical success failure

Notes: _____

Discussion of risks

<input type="checkbox"/> Tooth movement	<input type="checkbox"/> particular concern
<input type="checkbox"/> Changes in occlusion	<input type="checkbox"/> particular concern
<input type="checkbox"/> Increase in myofascial pain	<input type="checkbox"/> particular concern
<input type="checkbox"/> Increase in joint sounds	<input type="checkbox"/> particular concern
<input type="checkbox"/> Non-retention of restorations	<input type="checkbox"/> particular concern
<input type="checkbox"/> Loss of heavily restored teeth	<input type="checkbox"/> particular concern
<input type="checkbox"/> Appliance fit & new restorations	
<input type="checkbox"/> Consent signed	

Discussion of prognosis and need for titration and follow-up

<input type="checkbox"/> Completed	Mild	Moderate	Severe
	62.3%	50.8%	39.9%

* generally, CPAP success rate is +20% of MAD

Scheduled
 Pre-auth sent
 Sent to lab
 Delivered
 Disease control complete
 Pre-auth received
 Titrated

George Gauge protrusive record
 IO scan

Maximum mandibular retrusion (MMR): - _____
 Maximum mandibular protrusion (MMP): + _____
 Functional protrusive range (FPR): |MMR| + |MMP| = _____
 Starting point of therapy (SPOT): FPR * .4 .5 .6 = _____
 Starting point for therapy = MMR + AP = _____

Somnodent Classic Somnodent Fusion Somnodent Herbst Panthera X3 Panthera D-SAD EMA

Add elastics: YES No